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QUICK HAIR REMOVAL LASER

IF YOU'VE had enough of messy creams or painful waxing, the latest technology in laser hair removal has just arrived from the US and the good news is it's an ultra-fast treatment which is virtually painless.

The Soprano XL system is a medical-grade "diode laser" which emits a series of low-energy, high-repetition pulses at up to 15 per second to treat the unwanted hair.

This gently increases the temperature of both the hair follicle and the surrounding tissue. As the hair follicle heats up, it becomes damaged, preventing regrowth. Bikini lines and underarms take 10 minutes, 30 minutes for legs. Unlike some lasers, it's suitable for all skin types, hair types and most hair colours. Six treatments are necessary to banish hair permanently.

COST: from £55

SALON DETAILS: Court House Clinics 0870 850 3456 or courthouseclinics.com

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